

# VEGGIE RX 2023

## »»» WHAT IS VEGGIE RX

Veggie Rx is a nutrition program that provides free local, nutritionally dense, delicious fruits & veggies from the Wabasha Farmers Market to members of the Wabasha community! The program also includes nutritional education information, recipes, newsletters, and tasting events!

## CAN I PARTICIPATE?

We are looking for 50 households to participate in the program for 20 weeks.

If you are interested in participating in Veggie RX, please use the QR code, or fill out the intake form  
<https://forms.gle/CavLv9V987nnZwjv9>



## »»» 2023 SEASON INFORMATION

Veggie Rx is a grant-funded project. Due to legislative delays, we will not have confirmation of funding until August 8, 2023. Participants will be selected and notified of their approval for the 2023 season at the end of August. The 2023 Veggie Rx season will run 20 weeks, from September - December 2023.

For questions about participation, please email [wabashafm@gmail.com](mailto:wabashafm@gmail.com)

