

Zumbrota-Mazeppa Walk & Bike to School

Walking and Biking to School

Research has shown that getting activity through walking and bicycling helps kids arrive to school focused and ready to learn. It can help reduce behavior problems and helps kids settle in for learning during the school day.

If Your Child Walks/Bikes to School

- **Work with your child to choose a good route** – Try different routes together and see which one(s) feel best.
- **Ensure that your child wears a helmet every time** – The helmet should fit snugly and level on the head just above the eyebrows.
- **Teach your child he/she is driving a bike** – They must obey all rules of the road.

If you Drive Your Child to School

- **Stop at a safe curbside spot a few blocks from school** (the Bus/Stop and Walk location indicated on the map is an option) and let your child out on the sidewalk side of the street, and let him or her walk or bike the rest of the way (alone, with you or with a friend). This does four things:
 1. Minimizes traffic near school
 2. Makes the entrance area safer for students
 3. Saves you time
 4. Give your child independence and fresh air before class
- **Carpool as often as possible** – This reduces traffic near school.
- **Drive slower than the speed limit during busy times.**
- **Always stop for students waiting at crosswalks.**

If Your Child Takes the Bus

- **Let him or her walk to and from the bus stop.**
- **Bus/Stop and Walk dates will be posted on the school website.** Periodically the school district will organize Bus/Stop and Walk days where kids will be dropped off at a location closer to school and walk the remainder of the distance. Parents will be asked for permission before kids participate.

Questions or comments?

Email Michael Harvey mikeh@zmsch.k12.mn.us

For online maps and information visit zmschools.us

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Wabasha County SHIP

ZUMBROTA

WALK

ride

and







ROLL

to School



ZUMBROTA

WALK, RIDE AND ROLL

-  Sidewalks
-  Marked Crosswalks
-  Paved Bike / Walk Trail
-  Walk Time
-  Bike Time
-  Park/Green Space

Walk/bike times will vary based on topography.

